

## **Optimise Gold**

## Table of Cover effective from January 1st 2017

This table of cover must be read in conjunction with your member certificate and Health Plans membership handbook effective from January 2017. The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.

In Patient Benefits	
Hospita	l Cover
Consultant fees	Covered
Inpatient Scans	Covered
Public Hospital	
Semi Private Room	Covered
Private Room	Covered
Day Case	Covered
Private Hospital	
Semi Private Room	Covered
Private Room	Covered
Day Case	Covered
High Tech Hospital	
Semi Private Room	Covered
Private Room	Covered (Beacon Only). Mater Private and Blackrock Clinic covered at Semi-Private Rate.
Day Case	Covered
Listed Cardiac Procedures <sup>(1)</sup>	Covered
Listed Special Procedures(1)	Covered
Maternity	Benefits
Public hospital cover for maternity	3 nights accommodation
Grant-in-aid amount	Covered up to €3,550
Home birth	Covered up to €3,550
Inpatient maternity consultant fees	As per schedule of benefits for professional fees <sup>(2)</sup>
Newborn free till next renewal	Yes
Post Natal Home Help (PNHH)	Covered for up to 2 days domestic home help
Alternative amount for post natal home help	€120
Doula Ireland	€200 discount (€120 rebate if PNHH is not availed of)
Cord blood stem cell preservation	€600 contribution single child & identical twins or €900 contribution non identical twins
	€30 x 2 sessions
Breastfeeding consultancy	
Partner benefit	€50 x 2 days travel, accommodation & child minding expenses
	expenses

Irish Life Health dac is regulated by the Central Bank of Ireland.



Repatriation expenses	Covered up to €1 million	
Expenses for companion who remains with you	Covered up to €1,000	
Companion repatriation expenses	Covered up to €1,000	
24 hour telephone assistance	Covered	
Elective Overseas Referrral		
Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland	
Benefit abroad for surgical procedures that are not available in Ireland	Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland	
Psychiatric Treatment		
Not related to substance abuse	180 days (up to the level of Hospital Cover provided under your plan)	
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)	
Other Benefits		
Oncotype DX	Covered	
Health in the Home	Covered (Immediately following an inpatient stay)	
Convalescence benefits	€75 x 16 days	
Child Home Nursing	€100 x 21 days (following an inpatient stay of minimum 5 days)	
Parent accompanying child	€40 x 14 days (not payable for the first 3 days)	
Point of Care: Day case procedure for Rheumatology & Chemotherapy	Covered	
Post Operative Home Help	Covered up to €300 over 3 days	
Alternative amount for Post Operative Home Help	€120	
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day up to a maximum of €1500 per calendar year	
Medicall ambulance costs	Covered (refer to Membership Handbook)	
Asthma care program (Asthma Care Ireland)	€45 Discount	
Stress Management Line	365 days stress line	

Outpatient Benefits (not subject to excess)		
Nurse on call	Covered	
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.	
Health screening	Full cover for Platinum Health Screening in an approved hi-tech or private hospital once per policy year	
Vaccinations: Travel or Flu	€50 per year	
MRI Scan: approved centre	Covered	
CT Scan: approved centre	Covered	
PET-CT Scan: approved centre	Covered	

Outpatient Benefits (subject to excess)	
Outpatient excess per person	€1
Maximum amount of outpatient benefits per member per policy year	€4000
Manual Lymph Drainage	€40 x 5 visits



Psycho-oncology Counselling	€40 x 5 visits
Emergency Dental Care	€450
Consultant fees	€100 per visit, unlimited
Pre/Post natal medical expenses	€400
A&E Cover (in choice of High Tech, Private and Public Hospitals)	€100 contribution towards A&E visit in any hi-tech, private or public hospital once per policy year
Home Nursing	€40 x 20 days
Medical and surgical appliances	As per specified list <sup>(3)</sup>
Pathology: Cost of test	Covered
Pathology: Consultant fees	As per schedule of benefits for professional fees <sup>(2)</sup>
Radiology: Cost of test	Covered
Radiology: Consultant fees	As per schedule of benefits for professional fees <sup>(2)</sup>
MRI Scan: non approved centre	€350
CT Scan: non approved centre	€200
PET-CT Scan: non approved centre	Not covered on this plan

Member Benefits		
Allen Carr Smoking Cessation	Back Up	
Laser Eye Surgery	Smiles Dental Access Package	
For full details on the above and more please visit the 'Member Benefits' section on www.irishlifehealth.ie		

## Footnotes

- (1) All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.
- (2) The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.
- (3) The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.