

Optimise Gold with Day to Day a

Table of Cover effective from January 1st 2017

This table of cover must be read in conjunction with your member certificate and Health Plans membership handbook effective from January 2017. The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.

In Patient Benefits	
Hospital Cover	
Consultant fees	Covered
Inpatient Scans	Covered
Public Hospital	
Semi Private Room	Covered
Private Room	Covered
Day Case	Covered
Private Hospital	<u>'</u>
Semi Private Room	Covered
Private Room	Covered
Day Case	Covered
High Tech Hospital	<u> </u>
Semi Private Room	Covered
Private Room	Covered (Beacon Only). Mater Private and Blackrock Clinic covered at Semi-Private Rate.
Day Case	Covered
Listed Cardiac Procedures(1)	Covered
Listed Special Procedures(1)	Covered
Matern	ity Benefits
Public hospital cover for maternity	3 nights accommodation
Grant-in-aid amount	Covered up to €3,550
Home birth	Covered up to €3,550
Inpatient maternity consultant fees	As per schedule of benefits for professional fees ⁽²⁾
Newborn free till next renewal	Yes
Post Natal Home Help (PNHH)	Covered for up to 2 days domestic home help
Alternative amount for post natal home help	€120
Doula Ireland	€200 discount (€120 rebate if PNHH is not availed of)
Cord blood stem cell preservation	€800 contribution single child & identical twins or €900 contribution non identical twins
Breastfeeding consultancy	€30 x 2 sessions
Partner benefit	€50 x 2 days travel, accommodation & child minding expenses

Irish Life Health dac is regulated by the Central Bank of Ireland.



_A&E_A	Abroad
Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,000
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Covered
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Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland
Benefit abroad for surgical procedures that are not available in Ireland	Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland
Psychiatric Treatment	
Not related to substance abuse	180 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)
Other B	Benefits
Oncotype DX	Covered
Health in the Home	Covered (Immediately following an inpatient stay)
Convalescence benefits	€75 x 16 days
Child Home Nursing	€100 x 21 days (following an inpatient stay of minimum 5 days)
Parent accompanying child	€40 x 14 days (not payable for the first 3 days)
Point of Care: Day case procedure for Rheumatology & Chemotherapy	Covered
Post Operative Home Help	Covered up to €300 over 3 days
Alternative amount for Post Operative Home Help	€120
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day up to a maximum of €1500 per calendar year
Medicall ambulance costs	Covered (refer to Membership Handbook)
Asthma care program (Asthma Care Ireland)	€45 Discount
Stress Management Line	365 days stress line

Outpatient Benefits (not subject to excess)	
Nurse on call	Covered
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Health screening	Full cover for Platinum Health Screening in an approved hi-tech or private hospital once per policy year
Vaccinations: Travel or Flu	€50 per year
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
PET-CT Scan: approved centre	Covered

Outpatient Benefits (subject to excess)	
Outpatient excess per person	€1



Maximum amount of outpatient benefits per member per policy year	€4000
Manual Lymph Drainage	€40 x 5 visits
Psycho-oncology Counselling	€40 x 5 visits
Emergency Dental Care	€450
Consultant fees	€100 per visit, unlimited
Pre/Post natal medical expenses	€400
A&E Cover (in choice of High Tech, Private and Public Hospitals)	€100 contribution towards A&E visit in any hi-tech, private or public hospital once per policy year
Home Nursing	€40 x 20 days
Medical and surgical appliances	As per specified list ⁽³⁾
Pathology: Cost of test	Covered
Pathology: Consultant fees	As per schedule of benefits for professional fees ⁽²⁾
Radiology: Cost of test	Covered
Radiology: Consultant fees	As per schedule of benefits for professional fees ⁽²⁾
MRI Scan: non approved centre	€350
CT Scan: non approved centre	€200
PET-CT Scan: non approved centre	Not covered on this plan

Day-to-day Benefits (subject to excess)	
Individual Day-to-day excess	€1
Day-to-day Practitioner	s (Benefits can be pooled)
GP Visits	€30 x 3 visits
Dentist Visits	€30 x 3 visits
Physiotherapy visits	€30 x 3 visits
Alternative Practitioner	s (Benefits can be pooled)
Acupuncturist	€30 x 3 combined visits
Chiropodist	€30 x 3 combined visits
Chiropractor	€30 x 3 combined visits
Dietician	€30 x 3 combined visits
Homeopath	€30 x 3 combined visits
Massage therapist	€30 x 3 combined visits
Medical herbalist	€30 x 3 combined visits
Occupational therapist	€30 x 3 combined visits
Osteopath	€30 x 3 combined visits
Physical therapist	€30 x 3 combined visits
Reflexologist	€30 x 3 combined visits
Other Day-to-day Benefits (Benefits can be pooled)	
Hearing Test	€30 x 1 visit
Child speech and language therapist	€30 x 3 visits
Child counselling	€30 x 3 visits
Glasses / lenses	€30 once every 2 yrs



Eye Test	€30 x 1 visit
Health Screen	€50 x 1 visit
Please note that certain eligible benefits can be claimed either as a day to day benefit or as an outpatient benefit. The level of benefit payable will be the greater of either day to day or outpatient.	

Member Benefits	
Allen Carr Smoking Cessation	Back Up
Laser Eye Surgery	Smiles Dental Access Package
For full details on the above and more please visit the 'Member Benefits' section on www.irishlifehealth.ie	

Footnotes

- (1) All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.
- (2) The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.
- (3) The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.